

## Application for the SPSI Psychoanalytic Training Program

**Applicant's Name:**

Date:                      Email Address:

**Office Address:**

City:    State:    ZIP:

Office Phone:                                      Office Fax:

**Home Address:**

City:    State:    ZIP:

Home Phone:

### Introduction

**This year, the application period for the Psychoanalytic Training Program starts in the Spring of 2024, and ends on May 1st, 2024.** Earlier application is appreciated, to allow more time for interviews and preparation for the upcoming academic year.

A few preliminary words about this application and the application process might be useful. The admission process is designed to help both the individual and the Institute in evaluating their readiness for training. Because individuals vary greatly in their personal psychology, educational background and professional experience, the admissions process is necessarily varied and must be tailored to individual circumstance. Do not be surprised if you are asked for more information than the initial documentation or if additional interviews are requested. We need to get to know each applicant as thoroughly as possible in order to make an informed decision regarding the advisability of training. An overall judgment will be made in each instance concerning the actual or potential capacity for a successful candidacy.

All matters of application and admission to programs for psychoanalytic training are the responsibility of the Institute's Admissions Committees.

The Admissions Committee will deliberate only upon a completed application as described below. Following the receipt by the Institute office of all materials, a series of interviews of the applicant by members of the Admissions Committee will be scheduled. Final decision is made by the Admissions Committee. Notification on admission matters is made by the Chairs of the Admissions Committees.

It is the policy of the Seattle Psychoanalytic Society and Institute to select qualified individuals without discrimination on the grounds of political affiliation, religion, marital status, ethnicity, gender, national origin, non-disqualifying physical disability, sexual orientation, or age.

## Application and Admissions Process

A complete application includes this form and one (1) copy of all information requested below, received at the Institute office.

1. **Autobiographical sketch:** a double-spaced personal narrative.
2. **Curriculum Vitae:** a detailed presentation of your educational and professional attainments, and experience from undergraduate school to the present. Include research, teaching, and clinical experience. If applicable, give details of clinical training including field placements, pre-doctoral and post-doctoral internships with description of setting and accreditation. The actual activities of the applicant should be described (for example, individual, group, couples, adult or children). Additional clinical training or experience should be described including frequency, length and nature of supervision with names and qualifications of supervisors. Please indicate how many clinical training hours and supervision hours were psychoanalytic or psychodynamic in orientation.
3. **Proof of residency and internship** (where applicable) or **transcripts** of graduate, post-graduate and post-doctoral training (where applicable).
4. **License:** States, dates, and number. Board certification(s) and date(s), if applicable.
5. **Professional affiliations, honors, awards:** Include a list of professional organizations to which you belong and any other items of interest regarding achievement in your field.
6. **Letters of recommendation and character references:** Arrange to be sent directly to the Institute office three (3) letters of recommendation from psychoanalysts, psychiatrists, psychologists, social workers or teachers in your field who are familiar with your work or character. Statements from clinical supervisors, teachers concerning your actual or potential ability to do psychotherapy are particularly useful.
7. **Bibliography:** in addition to a bibliography you may submit up to four (4) copies of professional articles, reviews or other kinds of publications you have authored. A graduate thesis, if relevant, may also be submitted.
8. **Professional Practice Profile:** Attach a description of your practice for the last several years.
9. **Case Summaries:** Please write two 8-10 page narratives about your clinical work, each focused on one of your clients / patients. Our hope would be that each writeup offers a lively description of the multiple layers of working closely with a person that captures the unique and intimate context of psychotherapy over time.

Please consider the below categories to be suggestions for elements to be considered in the representation of the person with whom you are working, the dyadic experience of being together, and your personal experience and process / reflection.

- Identifying information, including how your client / patient came to you, and, if relevant, details about the setting and any collateral contact.
- Presenting concerns
- A developmental/social history of the person
- Your initial assessment of the person's personality typology or style, including structural or organizational level and or character type.
- Your initial working psychodynamic formulation (How did the person come by these problems? What maintains them? What are the obstacles to addressing them?)
- Your understanding of the indications for psychotherapy and how might psychoanalysis help?
- Your speculation about what the treatment might hold in store for the two of you.
- Your sense of what it's like to work closely with this person; your initial and unfolding countertransference.
- How has your experience being with this person changed the way in which you understand your clinical work and experience?

**10. Application fee:** A non-refundable application fee of \$200.00 must accompany your application. If you wish to send this fee by credit or debit card, please contact Administrator Zan Christensen ([zan@spsi.org](mailto:zan@spsi.org)) for instructions.

The information provided on this application is for the use of those psychoanalysts whom the Admissions Committee designates to conduct interviews with the applicant for psychoanalytic training. It is used by them to assess the psychological and characterological suitability of the applicant for training and for possible eventual practice as an analyst. This data sheet is used for these purposes only.

**Signature:**

**Date:**