

**CLASS 1: COMPARISON OF SELF PSYCHOLOGY TO OTHER PSYCHOANALYTIC THEORIES**

<b>Theory</b>	<b>Self Psychology</b>	<b>Ego Psychology</b>	<b>Object Relations</b>	<b>Middle School Object Relations</b>
<b>Pathology</b>	Defect of the Self as the result of selfobject failure. Vertical and horizontal splitting.	Psychic structure imbalance and conflict	Pathology of internalized object and self representations. Paranoid-Schizoid position fixation	Failure of early relationships leading to pathological object relations
<b>Anxiety</b>	Fragmentation	Eruption of drives, superego and ego pathology	Disintegration anxiety	Fears of abandonment, failure to thrive
<b>Method and Process</b>	Vicarious introspection followed by interpretation	Interpretation of internal conflict	Interpretation of internalized object relationships, envy, facilitation of reparation	Creation of holding environment and interpretation
<b>Resistance</b>	Defenses against the selfobject transference; empathic failure. Vertical and horizontal splitting.	Ego defenses against intrapsychic conflict. Internal defenses or externalization of psychic structures.	Defenses against internalized part-object or part-self representations. Splitting and forms of projection.	Interpersonal and intrapsychic defenses against loss. Splitting and forms of projection.
<b>Transference</b>	Selfobject: mirroring, idealizing, twinship/alter-ego.	Externalization of psychic structures	Projection of internal objects or self representations	False self v. True Self. Projection of internalized objects, etc.
<b>Drives</b>	Secondary, subordinated to the Self	Primary function	Primary function	Secondary to the quality of the maternal-baby relationship
<b>Cure</b>	Establishment of a cohesive, enlivened, functioning Self using mature selfobjects.	Resolution of intrapsychic conflict. Undoing of fixation points.	Integration of split object and self representation. Achievement of the Depressive position	Development of the True self; Object utilization
<b>View of Man</b>	Tragic Man: seeks to express himself, but his failures overshadow his successes (shame).	Guilty Man: attempts to satisfy drives and lessen intrapsychic tensions.	Paranoid-schizoid fixation, with a need to achieve ambivalence, depressive position, reparations.	False self, primitive object relating.