

Seattle Psychoanalytic Society and Institute
Adult Psychoanalytic Psychotherapy Program
Policies and Procedures

December 1, 2015

Program overview

The Adult Psychoanalytic Psychotherapy Program (APPP) of the Seattle Psychoanalytic Society and Institute is a two-year certificate program for mental health clinicians who wish to broaden their psychoanalytic knowledge and deepen their psychotherapy skills. Through small-seminar courses and clinical case conferences, the program offers a foundation in psychoanalytic theory, technique, and clinical processes, with an emphasis on the practice of psychoanalytic psychotherapy.

APPP is open to licensed mental health professionals of all disciplines – physicians (residents and graduates), social workers, counselors, psychologists, and others. APPP students come from diverse practice environments, including community clinics, private practice, and academic settings.

Courses consist of seminars exploring psychoanalytic theory, human development, and clinical processes. There are four terms in each academic year, with two courses each term. Case conferences, which provide the opportunity to discuss clinical material, run throughout the academic year. APPP instructors include SPSI faculty, senior Clinical Associates, APPP graduates, and other members of the SPSI and greater psychoanalytic community. A total of 208 continuing education credits may be earned in the program.

Students are not evaluated in their courses or case conferences; completion of the program requires consistent attendance at scheduled class and case conference meetings.. APPP does not require concurrent psychotherapy for participants, nor does the program require supervision of clinical work. Both are strongly recommended. Enrollment in APPP qualifies students for reduced-fee supervision with SPSI faculty members or senior Clinical Associates. APPP students are eligible to become community members of SPSI after completing the program. They are also eligible for membership in APsaA as Psychotherapy Associates.

APPP Committee

The APPP Committee, a standing committee of SPSI, is responsible for the operations of the program. The APPP Committee sets the Policies and Procedures for the program. The Committee's operations include but are not limited to:

- Conducting outreach

- Responding to prospective students
- Interviewing and evaluating program applicants
- Developing curriculum
- Inviting and assigning instructors
- Scheduling course and case conference dates
- Establishing CME/CEU accreditation
- Responding to grievances

Committee meeting frequency

The Committee meets on average monthly during the academic year. The Chair will schedule meetings as needed, depending on tasks and timelines.

Committee composition

The Committee traditionally consists of a combination of SPSI faculty, Clinical Associates, and graduates of APPP. The Committee currently consists of one faculty member, two Clinical Associates, and one recent APPP graduate.

Responsibilities of the Chair

The Chair is responsible for coordinating the operations of the Committee. The Chair schedules and provides agendas for the Committee meetings, and takes or arranges for meeting minutes. The Chair reports on the program to the Faculty. The Chair serves as the primary liaison between SPSI's administration and leadership, and current students and instructors.

Responsibilities of the committee members

Committee members are expected to attend meetings regularly and participate in the operations of the Committee.

Applications

Prospective students may request an application by contacting SPSI, or may retrieve an application from the SPSI website. Applications include background information, a personal statement, transcripts, and three written references, in addition to a fee.

When the SPSI administrator has received an application, it is forwarded to the Committee Chair. The Chair reviews the application and assigns two Committee members (of which the Chair may be one) to interview the applicant and share with the Committee. The Committee discusses all applicants before making a decision. Decisions may be made by vote or consensus at the discretion of the Chair.

Applicants who are not accepted are welcome to reapply. However, a re-applicant must supply a new and complete application, and follow the standard interview and evaluation procedure.

Grievances and formal complaints

If a student or applicant has a grievance or formal complaint, it should be submitted in writing to the Chair of the APPP Committee. If consultation is needed for decision-making, the Committee reviews the complaint. If further consultation is necessary, the Chair will discuss the complaint with the SPSI Director.

Ongoing committee operations

New APPP cohorts begin in the fall of every even-numbered year. Active outreach for each new cohort begins in earnest early in the year. The deadline for applications is usually set for late spring, but applications received in summer may still be considered, at the discretion of the committee. Interviews take place as applications are submitted, and the cohort is usually confirmed by mid-summer.

ADULT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

APPLICATION

Applications by April 2014 appreciated.

Please submit this application accompanied by:

1. Transcripts or certificate from the institution granting the highest degree in your field.
2. Non-refundable Application Fee: \$50.00

Date: _____

Name: _____

Office Address: _____

City/St./Zip: _____

Office Phone: _____

Email address: _____

Home Address: _____

City/St./Zip: _____

Home Phone: _____

Cell Phone: _____

1. Academic and Professional Training

a. College/University (undergrad), degrees and dates:

b. Post -graduate Institutions, degrees and dates:

2. Internships: _____

3. Residencies: _____

4. Other Training Programs: _____

5. Private Practice: _____

6. Clinic/Community Mental Health/Other Experience: _____

7. Teaching experience: _____

8. State License: _____

Designation/Number: _____

9. Malpractice Insurance Company: _____

Insurance Amount: _____

10. Professional Society Memberships: _____

11. Professional Boards/Certifications: _____

12. Publications/Presentations: _____

13. References: (Please list the names of 3 people from whom you have requested letters of reference. At least one of the three should be either a current or past supervisor. Please have the letters sent to : SPSI, 4020 East Madison Street, Suite 230, Seattle, WA, 98112, Attn: APPP)

14. Please write a one to two page statement about what draws you to the program. We would like to know about you, how you came to apply for more training, your interests and challenges. Possibilities for discussion might include an experience which has guided you, a description of a moment with a person with whom you are working, or other experience that has influenced your professional development.

15. The Adult Psychoanalytic Psychotherapy Program consists of didactics (Mondays) and a group case conference (alternating Thursdays). To maximize the learning experience, we encourage (but, do not require) participants to be engaged concurrently in their own psychoanalytic psychotherapy or psychoanalysis, and in psychodynamically-informed individual case consultation or supervision.

- a. Dates of prior or current psychotherapy _____
- b. Dates of prior or current consultation or supervision _____
- c. If you have financial constraints and would like a referral for a consultant or therapist who can offer a reduced fee, please indicate here and we can discuss this during the interview process _____

I hereby release the information provided in this application to the Seattle Psychoanalytic Society and Institute.

I hereby certify that the information provided in this application is true, complete and accurate to the best of my knowledge.

Applicant's Signature

Date