

Seattle Psychoanalytic Society and Institute
Year Four Adult Psychoanalytic Training Program
Third Trimester 2017-18: March 30, 2017 – June 8, 2018, 1:45 to 3:15pm
Late Middle Phase & Termination
Instructor: Melissa Stoker, MS, LMHC

At the end of the course, participants will:

- Identify key developments in how termination has been talked about and understood throughout the history of psychoanalysis
- Recognize themes and derivatives about endings in their patients' material
- Identify some of their own conscious and unconscious ideas about endings
- Develop a personal theory about how treatment ends – what makes for a “good enough” ending

This will enable participants during a “termination phase” of their work with patients to be mindful of their own experience, their patients' experiences, as well as the combination and separateness of the two experiences. This will help participants bring about an appropriate, meaningful, and beneficial close to their work with patients.

Class 1, March 30

Overview of the history of thinking about termination in analysis

1. Kantrowitz, J. (2015). *Myths of Termination: what patients can teach psychoanalysts about endings*. London and New York: Routledge, pp. xii-23.
2. Novick, J. (1997). Termination Conceivable and Inconceivable. *Psychoanal. Psychol.*, 14(2):145-162. ****Read only pp. 145-150-- through to subheading: “Training”**** [\[PEP-Web link\]](#)

Class 2, April 6

A summary of a traditional view of termination—what current authors react to

1. Shane, M. and Shane, E. (1984). The End Phase of Analysis: Indicators, Functions, and Tasks of Termination. *JAPA*, 32:739-772. ****Read only pp. 739-748; 765-769**** [\[PEP-Web link\]](#)

Class 3, April 13

Internalization, individuation, mourning... What's the theory, what's it look like...

1. Stefanie Solow Glennon (2010). “Relational analyses: Are they more difficult to terminate?” In Jill Salberg (ed.) *Good Enough Endings*, (pp. 257-276) New York and London: Routledge.

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2. Loewald, H.W. (1988). Termination Analyzable and Unanalyzable. *PSC*, 43:155-166. ****Read beginning at the bottom of page 160 the paragraph that starts “Let me briefly...” and continue to the end of the article**** [\[PEP-Web link\]](#)

Class 4, April 20

How analysts and analysts think about, and talk about what one gets from analysis – the take away

1. Kantrowitz, *ibid.*, Chapter 2 (pp. 24-55).

A guest will share a termination experience.

Class 5, April 27

Recognizing and working with dependency in analysis—the “best love relationship that life has offered,” or “a certain ‘stickiness’ of the libido”?

1. Bergmann, M.S. (1997). Termination: The Achilles Heel of Psychoanalytic Technique. *Psychoanal. Psychol.*, 14(2):163-174. ****Read beginning pp. 169 subheading “Why Psychoanalysis...” to end of article**** [\[PEP-Web link\]](#)
2. Reich, A. (1950). On the Termination of Analysis. *IJP*, 31:179-183. [\[PEP-Web link\]](#)

Class 6, May 14

Mourning v. Superego

1. Loewald, H.W. (1962). Internalization, Separation, Mourning, and the Superego. *PQ*, 31:483-504. ****Read Section “I” pp. 484-488 only**** [\[PEP-Web link\]](#)
2. Levenson, L.N. (1998). Superego Defense Analysis in the Termination Phase. *JAPA*, 46(3)847-866. ****Read beginning bottom of pp. 853 paragraph starting “For these reasons...” to end of article**** [\[PEP-Web link\]](#)

A guest will share a termination experience.

Class 7, May 11

A complicated case

1. Salberg, J. (2008). Leaning into Termination. *Psychoanalytic Dialogues*, 19(6): 704-722. [\[PEP-Web link\]](#)
2. Ticho, E.A. (1972). Termination of Psychoanalysis: Treatment Goals, Life Goals. *PQ*, 41:315-333. ****Read excepted passages provided. Not from PEP****

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Class 8, May 18

Happy Freud and Sad Freud. And, is he really sad, or just realistic, maybe a little tired...?

1. Freud, S. (1916). On Transience. SE XIV, pp. 303-307. [\[PEP-Web link\]](#)
2. Freud, S. (1937). Analysis Terminable and Interminable. IJP, 18:pp. 376-380; 400-403. ****Read sections II and VII only****. [\[PEP-Web link\]](#)

Class 9, May 25

Focus on the analyst's experience

1. Viorst, J. (1982). Experience of Loss at the End Analysis: The Analyst's Response to Termination. Psychoanalytic Inquiry, 2(3):399-418. [\[PEP-Web link\]](#)

Class 10, June 1

Our stories

1. Levine, H.B. Yanof, J.A. (2004). Boundaries and Postanalytic Contacts in Institutes. JAPA, 52(3): 873-901. [\[PEP-Web link\]](#)
2. Kantrowitz, *ibid.*, pp. 80-86.

Class 11, June 8

To be decided.