

PSYCHOPATHOLOGY I
Neurotic-Level Personality and Symptom Disorders
Third Trimester, 2017 - 1st Year Class

Instructors: Maureen Pendras, MSW and Michael Pauly, MD

Welcome to Psychopathology I: Neurotic-Level Personality and Symptom Disorders.

We have chosen to organize this course to first facilitate an understanding of the developmental underpinnings of neurotic character organization and to then explore the related intrapsychic and interpersonal (including transferential-countertransferential) manifestations of neurotic psychopathology.

The following are the types of questions we hope to explore together throughout the course:

- What is truly implied by the term neurotic character?
- What is it that one looks for in the consultation period that differentiates between neurotic and the less organized structures that define borderline and psychotic character or states?
- What are the developmental / relational experiences that may have facilitated or hindered the psychic achievements that characterize neurotic level organization?
- What are the predominant conflicts and / or defenses that characterize the various diagnostic categories within neurotic-level symptom or character presentation.

Our discussion will be significantly enriched with clinical material and process. We strongly encourage you to bring vignettes and /or short process-notes to class.

Learning Objectives:

1. At the end of this course the clinical associate will be able to identify patient characteristics that differentiate neurotic from non-neurotic primitive structural organizations, thereby improving their clinical diagnostic precision.
2. Equipped with the ability to better identify patient characteristics suggestive of a neurotic structural organization the associate will have a greater ability to tailor their psychoanalytic stance to improve the odds of finding the empathic resonance with the patient's experience, thereby increasing the odds of patient retention and a deepening of the analytic process.
3. At the end of this course the clinical associate will have improved empathy with, and understanding of, the symbolic and defensive functioning of the neurotic symptom and character. Thus he/she will be able to offer interventions/interpretations that increase the odds of positive patient changes / clinical outcomes.

Class 1: March 31, 2017 (Introduction, Clinical Emphasis)

1. PDM Task Force (2006). Personality Patterns and Disorders pp. 17-31.
2. Sandler, A. (1988). Aspects of the Analysis of a Neurotic Patient. *IJP* 69: 317-326.
<http://www.pep-web.org>
3. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; Neurosis, pp. 167-169

4. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; *Borderline*, pp. 27 - 29
5. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; *Psychosis*, pp. 213 - 215

Class 2: April 7, 2017 (What is Neurosis?)

1. Sugarman, A. (2007). Whatever Happened to Neurosis? Who are we Analyzing? And How? *Psychoanal. Psychol.*, 24:409-428. <http://www.pep-web.org>
2. Tyson, P. (1996). Neurosis in Childhood And in Psychoanalysis" A Developmental Reformulation. *JAPA*, 44:143-165. <http://www.pep-web.org>

Class 3: April 14, 2017 (Neurotic Level Transference - Countertransference) (MPaully out)

1. Sugarman A (2006) Mentalization, Insightfulness, and Therapeutic Action: The Importance of Mental Organization; *IJP*, 87:965-987. <http://www.pep-web.org>
2. Ogden & Gabbard (2010) The Lure of the Symptom In Psychoanalytic Treatment, *JAPA* 58:533-544. <http://www.pep-web.org>

Class 4: April 21, 2017 (Triangularity and Relationship to Neurotic Character and Anxiety)

1. PDM Anxiety Disorders pp. 96-100.
2. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; Oedipus Complex, pp. 180-183
3. Britton R (2004). "Subjectivity, Objectivity, and Triangular Space." *Psychoanalytic Quarterly*. 2004 Jan; 73(1): 47-61. <http://www.pep-web.org>
4. Busch, F. et al (1999). "Oedipal Dynamics in Panic Disorder." *JAPA* 47:773-790. <http://www.pep-web.org>

Class 5: April 28, 2017 (Obsessional Anxiety / Character, understanding the transference counter-transference phenomena).

1. PDM Phobias and OCD pp.104-106
2. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts, Obsession, pp. 178-180
3. Bergstein A (2016). "Obsessionality; Modulating the Encounter with Emotional Truth and Aesthetic Object" *JAPA*, pp. 959-982.

Class 6: May 5, 2017 Trauma and Its Implicit Level Re-enactment

1. PDM Trauma pp.100-104
2. Khan, M.M.R. (1963). "The Concept of Cumulative Trauma." *Psychoanalytic Study Of the Child*, 18:286-306. <http://www.pep-web.org>
3. Fosshage, JL (2004). "The Explicit and Implicit Dance In Psychoanalytic Change." *J of Analytic Psychology*, 49:49-65. <http://www.pep-web.org>
4. Shengold (2011). Trauma, Soul Murder, and Change, *Psychoanalytic Quarterly*, 80(1): 121-138. <http://www.pep-web.org>.

Class 7: May 12, 2017 (Depression)

1. PDM Depression 109-113
2. Freud, S. (1917). "Mourning and Melancholia." S.E. 14:243-258. <http://www.pep-web.org>.
3. Winnicott, D.W. (1954). The Depressive Position in Normal Development, Ch. 21 in Collected Papers. N.Y.: Basic Books, pp. 262-277.
4. Kernberg (2009) An Integrated Theory of Depression, *Neuropsychoanalysis*: 11(1): 76-80. <http://www.pep-web.org>.

Class 8: May 19, 2017 (Narcissism)

1. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; Narcissism, pp. 162-165
2. McWilliams, N (1990) Narcissistic Pathology of Everyday Life: The Denial of Remorse and Gratitude; *Contemporary Psychoanalysis* 26:430-451. <http://www.pep-web.org>.
3. Lax, R.F. (1989). "The Narcissistic Investment in Pathological Character Traits and the Narcissistic Depression: Some Implications for Treatment." *IJP* 70:81-90. <http://www.pep-web.org>.

Class 9: May 26, 2017 (Narcissism / Addiction) (MPendras Out)

1. PDM Addiction pp. 138-142
2. Bromberg, P. (1986). "The mirror and the mask; on narcissism and psychoanalytic growth." In *Essential Papers on Narcissism*. Ed. A. Morrison. N.Y.: New York Univ. Press, pp. 438-466.
3. Dodes, L. (1990) Addiction, helplessness, and narcissistic rage. *Psychoanalytic Quarterly*, 59:398-419. <http://www.pep-web.org>

Class 10: June 2, 2017 Hysterical (Histrionic)

1. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; Hysteria, pp. 102-104
2. Britton, R. (1999). "Getting in the Act: The Hysterical Solution." *IJP* 80:1-14. <http://www.pep-web.org>.
3. Lubbe, T. (2003). "Diagnosing a Male Hysteric: Don Juan-type." *IJP* 84:1043-1059. <http://www.pep-web.org>.

Class 11: June 9, 2017 Sadomasochism in the Neuroses

1. Auchincloss and Samberg, "Psychoanalytic Terms and Concepts"; Masochism, pp. 145-147.
2. Rothstein (1991) Sadomasochism in the Neuroses, Conceived of as a Pathological Compromise Formation, *JAPA* 39: 363-375. <http://www.pep-web.org>.
3. Meyers, H. (1988). A consideration of treatment techniques in relation to the functions of masochism. *Masochism: Current Psychoanalytic Perspectives* (Glick, R. and Meyers, D. eds.) Hillsdale, N.J.: Analytic Press. pp. 175-188.