

**Narcissistic & Borderline Conditions**  
SPSI Adult Psychoanalytic Psychotherapy Program  
Block 1, 2019  
September 9th – October 28th, 2019  
8:00 – 9:15pm

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In this eight-week course, we will focus on the dynamics and treatment of Narcissistic and Borderline character organization. Through readings and case material, we aim to strike a balance between clinical theory and practice experience. In our sessions we will review key concepts in the readings for each week while applying these to our own clinical experiences.

In preparation for our sessions, while reading the material for the week, you may find it useful to attend to your emotional reactions in addition to your critical thinking. In what ways do you like/not like, agree/disagree with the writer? Why? What relevance, if any, does the material have for your clinical work? How does it help inform your understanding of a particular case or cases?

**Session 1: September 9th, 2019**

Lingiardi, V. & McWilliams, N. Ed. (2017). Psychodynamic Diagnostic Manual, Second Ed. (PDM-2). New York: Guilford Press. pp. 15-29. ([This reading provides a brief background on conceptualizing personality structure and developmental levels.](#))

Lingiardi, V. & McWilliams, N. Ed. (2017). Psychodynamic Diagnostic Manual, Second Ed. (PDM-2). New York: Guilford Press. pp. 46-48. ([a brief overview of Narcissistic Personalities](#))

Erwin, E. Ed. (2001). The Freud Encyclopedia: Theory, Therapy, and Culture. New York: Routledge. pp. 355-359 ([a Freudian conceptualization](#))

McWilliams, N. (2011). Psychoanalytic Diagnosis: Understanding Personality Structure in Clinical Process, Second Ed. New York: Guilford Press. pp. 176-195.

**Session 2: September 16th**

Kohut, H. Wolf, E.S. (1978). The Disorders of the Self and their Treatment: An Outline. *Int. J. Psycho-Anal.*, 59:413-425. (PEP Web)

Kernberg, O.F. (1974). Further Contributions to the Treatment of Narcissistic Personalities. *Int. J. Psycho-Anal.*, 55:215-240 (PEP Web)

Miller, A. (1979). Depression and Grandiosity as Related Forms of Narcissistic Disturbances. *Int. Rev. Psycho-Anal.*, 6: 61-76.

**Session 3: September 23rd**

Shaw, Daniel (2014). The Adult Child of the Traumatizing Narcissist - Enter Ghosts! Traumatic Narcissism - Relational Systems of Subjugation. New York: Routledge. Chapter 2, pp.22-42.

Shaw, Daniel (2014). "But What Do I Do?" - Finding the Path to Freedom. Traumatic Narcissism - Relational Systems of Subjugation. New York: Routledge pp 89-115.

**Optional:** McWilliams, N. & Lependorf, S. (1990). Narcissistic Pathology of Everyday Life: - The Denial of Remorse and Gratitude. *Contemporary Psychoanalysis*, 26: 430-451. (PEP Web)

#### **Session 4: September 30th**

Bromberg, P.M. (1983). The Mirror and the Mask – On Narcissism and Psychoanalytic Growth. *Contemporary Psychoanalysis*, 19:359-387. (PEP Web)

Lachman, F.M. (1994). From Narcissism to Self Pathology: New Pathology or New Perspective on Pathology? *International Forum of Psychoanalysis*, 3:157-163. (PEP Web).

**Optional:** Mitchell, S.A. (1986). The Wings of Icarus: Illusion and the Problem of Narcissism. *Contemporary Psychoanalysis*, 22:107-132. (PEP Web)

#### **\*\* Mid-Point Check-in, transition from Narcissism to Borderline Conditions \*\***

#### **Session 5: October 7th**

Kernberg, O.F. (1967). Borderline Personality Organization. *Journal of the American Psychoanalytic Association*, 15:641-685 (PEP Web)

Ogden, T. (1979). On Projective Identification. *The International Journal of Psychoanalysis*, 60: 357-373 (PEP Web)

#### **Session 6: October 14th**

Kernberg, O.F. (1987). Projection and Projective Identification: Developmental and Clinical Aspects. *Journal of the American Psychoanalysis Association*, 35:795-819. (PEP Web)

Fonagy, P. (2000). Attachment and Borderline Personality Disorder. *Journal of the American Psychoanalytic Association*, 48:1129-1146 (PEP Web)

#### **Session 7: October 21st**

Kalsched, D. (2013). Dissociation and the Dark Side of the Defensive System: Dante's Encounter with "Dis" in the Inferno. Trauma and the Soul: A Psycho-spiritual Approach to Human Development and Its Interruption. New York: Routledge. Pp. 86-126.

#### **Session 8: October 28th**

Course material integration: we will have space to revisit readings and continue exploration of case material.

#### **\*\* Wrap Up \*\***