

Seattle Psychoanalytic Society and Institute
INTRODUCTION TO CHILD ANALYSIS

Instructors: Ken King, MD and Denise Fort, PhD
First Trimester: September 7, 2018 — November 16, 2018
Friday: 10:15-11:45am

Learning Objectives

As a result of taking this course participants will be able to:

1. Describe the historical development and current status of child psychoanalysis
2. Discuss the multiple perspectives of a metapsychological theory of child development
3. Develop skills needed to establish and maintain a working alliance with parents
4. Utilize technical modifications as determined by the child's developmental stage and emotional resources

Week 1: September 7, 2018

The Relationship with Parents

- Novick, K., Novick J. (2005). Working with Parents Makes Therapy Work. Northvale, NJ: Jason Aronson. Chapters 2-4.

Week 2: September 14, 2018

The Relationship with Parents and Metapsychology

- Rosenbaum, A. (1994). The Assessment of Parental Functioning: A Critical Process in the Evaluation of Children for Psychoanalysis. *Psychoanalytic Quarterly* 63: 466-490.
- Novick, K., Novick, Jack. (2002). Reclaiming the Land. *Psychoanalytic Psychology*. 19(2): 348-377.

Optional:

- Mahon, Eugene. (2001). Anna Freud and the Evolution of Psychoanalytic Technique. *The Psychoanalytic Study of the Child*. 56: 76-95.
- Kris, Anton. (2001). "Discussion of Anna Freud and the Evolution of Psychoanalytic Technique." *The Psychoanalytic Study of the Child*. 56: 96-100.

Week 3: September 21, 2018

Historical Perspective

- Solnit, Albert. (2001). Introduction and Historical Perspective. *The Psychoanalytic Study of the Child*. 56: 3-8.
- Harley, Marjorie. (1986). Child Analysis, 1947 - 1984 – A Retrospective. *The Psychoanalytic Study of the Child*. 41: 129-153.
- Miller, Jill. (1996). Anna Freud: A Historical Look at Her Theory and Technique of Child Psychoanalysis. *The Psychoanalytic Study of the Child*. 51: 142-171.

Week 4: September 28, 2018

Changes in Technique

- Neubauer, Peter. (2001). Emerging Issues: Some Observations about Changes in Technique in Child Analysis. *The Psychoanalytic Study of the Child*. 56: 16-26.
- Ablon, Steven. (2001). The Work of Transformation: Changes in Technique since Anna Freud's Normality and Pathology in Childhood. *The Psychoanalytic Study of the Child*. 56: 27-38.
- Feigelson, Charles. (1977). On the Essential Characteristics of Child Analysis. *The Psychoanalytic Study of the Child*. 32: 353-361.

Week 5: October 5, 2018

Fundamentals

- Yanof, J. and Harrison, A. (2017). Technique in Child Analysis. in *Textbook of Psychoanalysis*. Edited by Glen Gabbard, Bonnie Litowitz, Paul Williams. New Delhi, India, CBS Publishers. pp. 333-348.

Week 6: October 12, 2018

Play and Development

- Solnit, Albert. (1987). A Psychoanalytic View of Play. *The Psychoanalytic Study of the Child*. 42: 205-219.
- Maenchen, Anna. (1970). On the Technique of Child Analysis in Relation to Stages of Development. *The Psychoanalytic Study of the Child*. 25: 175-208.

Week 7: October 19, 2018

Technique with Children and Adolescents

- Bernstein, Isidor. (1975). On the Technique of Child and Adolescent Analysis. *Journal of the American Psychoanalytic Association*. 23: 190-232.
- Hoffman, Leon. (2007). Do Children Get Better when we Interpret their Defenses against Painful Feelings? *The Psychoanalytic Study of the Child*. 62: 291-313.

Week 8: October 26, 2018

Countertransference

- Kohrman, R., Fineberg, H., Gelman, R. and Weiss, S. (1971). Technique of Child Analysis: Problems of Countertransference. *The International Journal of Psychoanalysis*. 52: 487-497.
- Marcus, Irwin. (1980). Countertransference and the Psychoanalytic Process in Children and Adolescents. *The Psychoanalytic Study of the Child*. 35: 285-298.

Week 9: November 2, 2018

Mentalization

- Fonagy, Peter and Target, Mary. (1998). Mentalization and the Changing Aims of Child Psychoanalysis. *Psychoanalytic Dialogues*. 8(1): 87-114.

Week 10: November 9, 2018

Enactments and Levels of Analytic Work

- King, Ken. (2004). To Touch or No Touch: Enactments in Child Analysis. Paper presented to San Francisco Psychoanalytic Institute Child Analytic Symposium
- Alvarez, Anne. (2012). The Thinking Heart. New York: Routledge. pp. 1-25.

Week 11: November 16, 2018

Outcome

- Ritvo, Samuel. (1996). Observations on the Long-term Effects of Child Analysis: Implications for Technique. *The Psychoanalytic Study of the Child*. 51: 365-385.