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Seattle Psychoanalytic Society and Institute
4020 E Madison Street #230
Seattle, WA 98112

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**Otto F.
Kernberg
M.D.**

**Romantic Love and
Object Relations Theory**

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Kernberg
M.D.**

**Romantic Love and
Object Relations Theory**

Friday, March 19, 2010, 7:00 – 9:00 PM

Saturday, March 20, 2010, 8:30 AM – 12:30 PM

University of Washington, Kane Hall 210

co-sponsored by

Seattle Psychoanalytic Society and Institute

*University of Washington Department of
Psychiatry and Behavioral Sciences*

about the conference

CME/CPE/CEU hours: Friday – 1.5 hours; Saturday – 3.5 hours

Where: University of Washington, Kane Hall 210. To park in the Central Plaza Parking Garage: From NE 45th Street, head south on 15th Ave NE until you reach NE 41st Street. The entrance will be on your left. Once you have parked in the garage, find the corridor labeled “Kane Hall” (northeast corner of the garage) and take the elevator to the appropriate floor.

about the presenters

Otto F. Kernberg, M.D., is professor of psychiatry at Weill Medical College of Cornell University, director of the Personality Disorders Institute at the New York Presbyterian Hospital, Payne Whitney Westchester, and training and supervising analyst at the Columbia University Center for Psychoanalytic Training and Research. He is a former president of the International Psychoanalytic Association. Dr. Kernberg has published extensively on severe personality disorders, psychoanalytic object relations theory, and psychoanalytic and psychotherapeutic technique. He is the author and coauthor of 17 psychiatric, psychoanalytic, and psychotherapeutic books. His most recent books are *Aggressivity, Narcissism, and Self-Destructiveness in the Psychotherapeutic Relationship: New Developments in the Psychopathology and Psychotherapy*

of Severe Personality Disorders, 2004; Contemporary Controversies in Psychoanalytic Theory, Techniques, and Their Applications, 2004; Psychotherapy for Borderline Personality: Focusing on Object Relations, 2006; and Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology, 2007.

Stan Case, MSW, Ph.D., is a psychoanalyst who treats adults, adolescents, and children in his private practice in Edmonds. He serves on the faculty of SPSI, where he teaches in its core analytic and psychotherapy training programs.

Cecile R. Bassen, M.D., is a training and supervising analyst at SPSI and is a faculty member of SPSI and the Department of Psychiatry and Behavioral Sciences at the University of Washington. She is in private practice in Seattle.

about the conference

Friday night presentation "Romantic Love"

In the introduction to his 1995 book, *Love Relations: Normality and Pathology*, Dr. Kernberg observed that although "... the subject of love has received a great deal of attention from poets and philosophers ... sociologists and psychologists ... surprisingly little about love can be found in the psychoanalytic literature" (p. ix). In this presentation, he will explore the psychodynamic preconditions for the capacity to fall in love and to remain in love, looking at romantic love as an inherent structure of stable love relations including its limitations and pathology. A major focus will be on the characterological aspects inherent in stable love relationships and the unavoidable threats to intimacy from unresolved intrapsychic conflicts. This presentation will be of interest to both clinicians and a general audience.

Educational objectives:

- Understanding the functions of erotic desire, mature object relations, and higher levels of idealization in the development of the capacity for romantic love.
- Learning how to explore the mutual activation of unconscious conflicts in the relation of the couple.

- Learning to diagnose the interferences with the capacity for romantic love, and their prognostic implications.

Saturday presentation

"Object Relations Theory"

Dr. Kernberg will provide an overview of contemporary object relations theory, focusing on its implications for psychoanalytic theory and technique and its application to group and social psychology. He will explore application of this theoretical approach to psychoanalytic psychotherapy and, in this connection, the current developments in relational and neo-Kleinian psychoanalysis.

Educational objectives:

- Relating contemporary object relations theory to classical psychoanalytic theory and the implications of this approach for the development of new techniques of psychoanalytic psychotherapy.
- Learning how this model applies to the understanding of small group and large group processes and the development of ideology formation.
- Understanding the present divergent tendencies with psychoanalytic theory and technique.

conference schedule

FRIDAY, MARCH 19

6:45 – 7:15 pm

- Registration

7:15 – 7:20 pm

- Introduction —
Cecile Bassen, M.D.

7:20 – 8:20 pm

- "Romantic Love" —
Otto Kernberg, M.D.

8:20 – 9:00

- Discussion with the audience

SATURDAY, MARCH 20

8:30 – 9:00 am

- Registration

9:00 – 9:10 am

- Introduction —
Cecile Bassen, M.D.

9:10 – 10:15 am

- "Object Relations Theory" —
Otto Kernberg, M.D.

10:15 – 10:30 am

- Coffee break

10:30 – 11:45 am

- "Between Her Daddy and the Deep Blue Sea: Working with a Terrorized Patient" —
Clinical presentation by Stan Case, MSW, Ph.D., with discussion by Otto Kernberg, M.D.

11:45 – 12:30 pm

- Discussion with the audience

continuing education credit

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Seattle Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 5.0 hours

in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

This presentation also meets the requirements of WAC 246-924-240 (Definition of Category of Creditable CPE).

This workshop has been approved for 5.0 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists, and Licensed Mental Health Counselors. Provider number is #1975-144.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

registration

Otto F. Kernberg, M.D., Friday, Mar. 19, and Saturday, Mar. 20, 2010

Please print clearly, one name per form. Duplicate as needed.

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____

E-MAIL _____

Conference fees:	UW / SPSI members	Nonmembers	Students
Full program	\$100	\$110	\$50
Early registration (by 3/5/10)	\$85	\$95	\$50
Full program (no CE)	\$40	\$40	\$40
Friday only	\$40	\$45	\$20
Early registration (by 3/5/10)	\$35	\$40	\$20
Friday only (no CE)	\$10	\$10	\$10
Saturday only	\$70	\$75	\$35
Early registration (by 3/5/10)	\$60	\$65	\$35
Saturday only (no CE)	\$30	\$30	\$30

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Make check payable to SPSI and mail with this form to:

SPSI, 4020 E Madison Street, Suite 230, Seattle, WA 98112

Questions? Contact SPSI at 206-328-5315.